

What We Do

Forensic Counseling and Evaluations is a group formed to address the needs of Arizona's Behavioral Health Forensic Community.

Our goal is to provide comprehensive services to support those experiencing issues related to divorce and parenting.

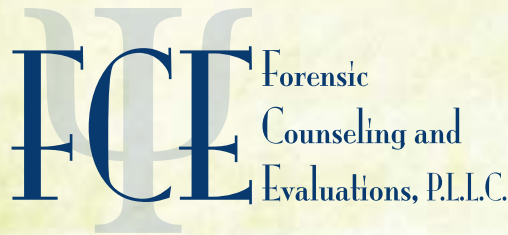
Group Therapy Services

- Co-Parenting with Boundaries
- Divorce Support Groups
- Adolescents and Teens of Divorce
- Adolescent Depression and Anxiety

Who may attend?

Clients can enroll in a group with or without court order or referral from a therapist.

Please feel free to contact us if you are interested in any of the services offered within this brochure, or have general questions about the services we offer. You may also refer to our website for further information.

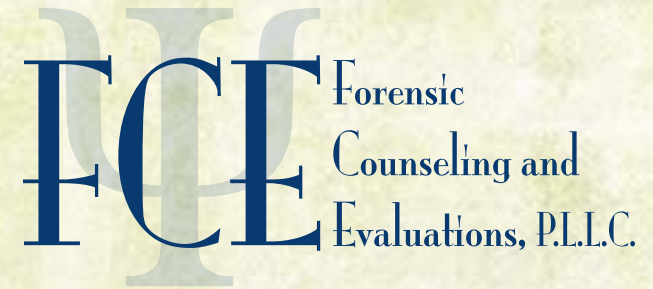


Group Therapy Services



8350 E. Raintree Drive, Suite #120
Scottsdale, AZ 85260

P: 480.840.0400
F: 480.840.0499
www.FCEINFO.com



Group Therapy Specialists

- Celice Korsten, Psy.D.
- Ann Schroeckenstein, Psy.D.
- Cory Shaw, M.C., L.P.C.
- Vickie Spitzer, Psy.D.



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*“When we are no longer able
to change a situation, we are
challenged to change ourselves.”*

– Viktor E. Frankl

Therapy Groups

*“The last of one’s freedoms
is to choose one’s attitude
in any given circumstance.”*

– Viktor E. Frankl

Divorce Support Group

(90-minute weekly, ongoing)

The group focuses on helping participants recovering from separation and divorce. We provide participants a place to connect with others experiencing divorce, to explore and process feelings, and to develop healthy ways of coping. The group aims to assist participants in adapting to the life changes divorce brings and rebuilding their lives.

Co-Parenting with Boundaries

(2 hours for 4 sessions)

The group aims to help parents in high-conflict, co-parenting situations become aware of the consequences of their communication on themselves and their children. Parents learn tools for healthy co-parenting behavior and better communication with their co-parents and children. The group will also help parents involved in high conflict co-parenting situations create individualized plans for modifying their parenting behavior.

Children in Between

(1 hour for 4 sessions)

The Children in Between group is based on a nationally-known and evidence-based curriculum for children ages 6-12 years old whose parents are in any stage of the divorce process. The group provides children with a safe place to explore and process their feelings and to develop healthy ways of coping with their parents’ divorce. Therapeutic activities include connecting with other children experiencing divorce and exploring difficult new concepts through videos, reading, writing, and sharing.



Adolescent Groups for Depression & Anxiety

(1 hour weekly, ongoing)

This adolescent group for depression and anxiety focuses on stabilizing clients’ moods, increasing self-esteem, and improving social interactions. Groups also offer an educational approach to improving problem-solving skills and to developing coping skills to utilize in stressful situations. Clients will learn to set boundaries and to develop more realistic expectations of themselves and of others.

Teens of Divorce

(1 hour weekly, ongoing)

This group addresses the needs of adolescents ages 13-18 who are going through all stages of the divorce process, including those with parents who are newly separated and those who have been living with divorce for years. Teens of Divorce provides a safe and positive place for teens to discuss their struggles. Activities include journaling, art, music, exploring difficult new concepts through videos, connecting with other group members, reading and sharing.